

COVID-19 Informed Consent

Beth Christopherson, LCSW, PLLC

I have read and understand that:

_____ **In the initial in-person session, Beth collects paperwork, provides educational handouts to clients, and frequently uses physiological models to provide education and skills-building. After the initial session, Beth encourages virtual appointments and has only limited in-person sessions available.**

_____ **An inherent risk of exposure to COVID-19 exists in any public place where people are present.**

_____ **The virus that causes COVID-19 can be spread to others by infected persons who have few or no symptoms. Even if an infected person is only mildly ill, the people they spread it to may become seriously ill or even die, especially if that person is 65 or older with pre-existing health conditions that place them at higher risk.**

_____ **I have read Beth Christopherson, LCSW, PLLC's "Best Hygiene Practices" (next page).**

_____ **By visiting Beth Christopherson, LCSW, PLLC's office, I voluntarily assume all risks related to exposure to COVID-19.**

_____ **I understand that if I am not comfortable seeing Beth Christopherson, LCSW, clinician, in-person in her office for the initial session, Psychologytoday.com provides a list of teletherapy providers. Or, I can contact my insurance for a list of tele-therapy providers.**

Client Name _____

Client Signature _____

Date _____

Best Hygiene Practices

AN INHERENT RISK OF EXPOSURE TO COVID-19 EXISTS IN ANY PUBLIC PLACE WHERE PEOPLE ARE PRESENT.

THE VIRUS THAT CAUSES COVID-19 CAN BE SPREAD TO OTHERS BY INFECTED PERSONS WHO HAVE FEW OR NO SYMPTOMS. EVEN IF AN INFECTED PERSON IS ONLY MILDLY ILL, THE PEOPLE THEY SPREAD IT TO MAY BECOME SERIOUSLY ILL OR EVEN DIE, ESPECIALLY IF THAT PERSON IS 65 OR OLDER WITH PRE-EXISTING HEALTH CONDITIONS THAT PLACE THEM AT HIGHER RISK.

Source: Texas Health and Human Services, *Minimum Standard Health Protocols*. May 2020.

- Wash and sanitize your hands regularly. Hand sanitizer is provided for Beth's guests in the waiting area and in the office. The bathrooms are down the hall and by the elevator for hand-washing.
- Alcohol wipes are used in this office to disinfect surfaces regularly.
- Only one guest (individual or pair) will be in the waiting room at the same time.
- Masks are worn by both Beth and Beth's guests. If you do not have a mask, Beth will provide one for you.
- If you are experiencing any signs of illness, let Beth know you need to cancel your appointment at 832-478-8897. Some signs of illness include: **Coughing, fever, diarrhea, sore throat, muscle pain, headache, loss of taste or smell, chills, or contact with someone who is lab-confirmed to have COVID-19.**